

## Kindness Activities

Teachers,

As a lead up to Do It Fo Dolly Day we have developed 40 kindness activities for your students, use one or use them all, no matter how many you use or how you choose to integrate them into your lessons remember to have that important discussion as to why!

Teaching kindness and talking about the importance of giving and receiving kindness is an important message for your children and young people, because kindness is the best way to combat bullying.

The Kindness activities have been categorised into the following.

Writing Tasks includes, kindness promise, kindness questionnaire, mini book, flip book, kindness wall, poems, a word unscramble and a random act of kindness task.

Cut & Paste includes, a kindness crown, a grow kindness task and a "bee kind" task.

Colour & Design includes, colouring in pages, bookmarks, chatterbox, comic strip, kindness quilting and the kindness jar task.

Games include, kindness bingo and 5 different wordsearches from very easy to hard with a make your own as well.

We would love to see your students completing their kindness activities. Please take lots of pictures without faces of your class enjoying our kindness activities and send them to.

[community@dollysdream.org.au](mailto:community@dollysdream.org.au)

Your Dolly's Dream Team