

# KINDNESS Questionnaire

**What does it mean to be kind to someone?**

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**Can you share a time you were kind to someone?**

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**How does it feel when someone is kind to you?**

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**Why is it important to show kindness to others?**

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**What are some ways you can show kindness at school?**

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**Can you recall a time someone was kind to you?**

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