

DO IT
FOR
Dolly's
DAY'26

HOW TO GO BLUE TO END BULLYING!



Wear Your Blue Loud and Proud

Get your team, members and supporters to dress in their brightest blue gear. Accessorise your jerseys, wear Dolly's Dream socks, put on some face paint, or even dye your hair blue! Your looks will spark conversations about kindness and standing against bullying.



Decorate Your Club in Blue

Show your support by decorating your club, changing rooms, fields, or courts with blue balloons, bunting and posters.



Host a Blue-Themed Fundraiser

Whether it's a sausage sizzle or a half time raffle, make it blue and fun! Encourage players, family and friends to dress in their brightest blue, donate a gold coin and help you hit your fundraising goals.



Start Important Conversations

We know the impact of bullying can be devastating. Check in with family, friends, and especially the young people in your life. Share Dolly's Dream resources and let them know they are not alone.



Go Social with Your Support

Take group photos and rally your supporters to share photos and updates using the hashtag **#GoBlueToEndBullying**. Tag your friends, family, and teammates to join in and spread the word.

**Your support will raise awareness
and vital funds for Dolly's Dream,
helping to prevent bullying,
and making sure young people
and families never face it alone.**

